



The NYS Perinatal Association & Albany Medical Center

present:

*Birth Outcomes Matter: Updates in
Clinical & Community Care, Policies &
Research*

The PREMIER perinatal health education program in NYS

2019 NYS SPA Conference

June 6th - 7th, 2019

*New York State
Perinatal Association
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Binghamton, NY
13901
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The Desmond Hotel,
660 Albany Shaker Rd.
Albany, NY, 12211

WHY ATTEND NYSPA?

The annual NYSPA Conference is a collaborative educational program with engagement from the March of Dimes, the Association of Regional Perinatal Programs, the Association of Perinatal Networks, ACOG District II, NYS Assoc. of Licensed Midwives, and AAP, NYS Chapter 2. The NYSPA conference draws an average of 200—250 participants from across New York who, while members of their respective professional organizations, come to NYSPA to enhance their expertise through the cross- and multi- disciplinary educational sessions and networking.

Who should attend? Obstetricians, midwives, nurses, Neonatologists, Nutritionists, Advance Practice Nurses, Public Health Professionals, Comm. Health Professionals, Pediatricians, Social Workers, Researchers, Nutritionists, Epidemiologists, Dietitians, Lactation Consultants, Perinatologists, Family Practitioners, Support Group Leaders, and Educators.

Program Description: This 2 day conference will cover some of the latest evidence-based information and research for pregnancy, delivery and newborn health; NYS current & new policies and related programs; care delivery best practices; and more. The agenda includes 7 general sessions, 8 workshops, and poster presentations. Topics include reproductive health justice, maternal mortality, hospital consolidation, post-partum care, maternal embolism, integration of psychology and perinatal care, community-based care for women, updates on current NYS policies and initiatives for improving perinatal health care, and more. See the detailed agenda (pg 3-4) and session descriptions (pg 5-6).

Conference Goals

At the close of this program, participants should be able to:

- Discuss strategies for improving birth outcomes in collaboration with communities and social justice movements
- Discuss NYS DOH's multi-prong approach to addressing perinatal health
- Discuss the priorities and special projects being led by the primary perinatal health organizations in NYS
- Discuss the demographics, risk factors, causes of maternal mortality and identify some of the trends and opportunities for education and quality improvement
- Discuss the impact of hospital mergers and consolidation on delivery and newborn services

Continuing Education: Albany Medical Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This learning activity will be awarded a maximum of 9.2 Continuing Nursing Education Contact Hours.

To receive CE a verification of attendance form needs to be completed and handed in with a completed evaluation and a certificate will be issued.

2019 Conference Committee:

Co-Chairs: Sharon Chesna, MPA & Christopher Glantz, MD, MPH

Members: Ekua Ansah-Samuels, Sandra Asanjarani, Kathleen Buono, Luba Djurnovic, Garry Finkell, Joy Henderson, Jennifer Kittell, Kathryn Mitchell, Barbara Orekondy, Jennifer Price, Lucy Shaw, Ellen Tourtelot

CONFERENCE AGENDA

Thursday, June 6, 2019

7:30—8:15 Registration & Exhibits

8:15—8:30 Welcome, Introduction to Conference -
Joy Henderson, PhD, RN , NYSPA President, Christopher Glantz, Conference Co-Chair

8:30—9:30 Keynote: NYS Perinatal Health Updates—*Wendy Shaw, MS, BSN*

9:30—10:30 Reproductive Justice at the Heart of Maternal Child Health—*Lauren Deutsch, JD*

10:30—11:00 Break/Exhibits/Abstracts

11:05—12:05 The Role of the Community Health Worker in Improving Maternal & Infant Health Outcomes—Panel presentation—facilitator: *LuAnne Brown, RN, MSN*

12:15—1:40 Lunch – *NYSPA Annual Review and Awards Program*

1:45—2:45 Protecting Maternity Care in an Era of Health Industry Consolidation—*Lois Uttley, MPP*

2:50—3:30 Partnering for Perinatal Health in NYS

3:30—3:40 Break/Exhibits/Abstracts

4:00—5:00 *Concurrent Sessions:*

A. Postpartum Maternal Self-care—*Shannon McCarthy-Leone, ED.D RN*

B. Addressing Maternal Mortality and Racial Disparities—*Sascha James-Contarelli, DNP, CNM, FACNM & Helena Grant, RN, BSN, CNM, LM, CICP*

C. How My Experience Can Help You Gain and Keep a NICU Parent's Trust— *Jennifer Degl*

D. Cell-free DNA Testing and Newborn Screening– What We're doing Now and Future Directions—*Diana Bailey*

5:15—6:30

NYSPA Welcome Reception & Silent Auction

**We invite everyone to stay for the reception to network with friends and colleagues, support NYSPA by joining in the fun of the Silent Auction, visit with our exhibitors, view posters, and relax!
Complementary wine, beer & soda and light hors d'ouerves.**



CONFERENCE AGENDA

Friday, June 7, 2019

7:30—8:30 Breakfast/Abstracts & Networking

8:30—8:45 Welcome and Review—*Adriann Combs, DNP, NNP-BC, NYSPA President*

8:45—9:45 Amniotic Fluid Embolism: Code Blue to Special Delivery
—Miranda Klassen, AFE Foundation

9:50—11:00 Concurrent Sessions

A. Practitioner's Guide to Helping Patients through Ambivalence in Pregnancy
— Lucy Shaw, LMSW, Leslie Noble, LMSW

B. Constructing & Implementing a New Paradigm for Working Mothers & Babies
Prenatal & Perinatal Psychology— *Sally Dear-Healey, Ph.D., PPNE, TICP, CBE, Doula*

C. Understanding New York's Reproductive Health Act— *Erika Christensen & Katharine Bodde, MD*

D. Debriefing Skills for Leaders— Coming together— *Chris Arnold, MS, RNC, CHSE, Bonnie Walden, MS, CNL, RN-BC*

11:00—11:10 Break

11:15—12:15 Closing Plenary: Out with the Old (Finnegan) and in with the New (eat, sleep, console)
Deanna Shon, BSN, RN, & Martiel Stoecker, DNP

12:15—12:30 Wrap Up & Evaluations

Like our Silent Auction & Raffle Basket Event? Its an important fundraiser for NYSPA and fun for all!
Consider donating a basket or item to auction. Donors will receive an acknowledgement letter that may be used for tax purposes if applicable.

PLEASE PRINT OR TYPE :

Donating individual or organization: _____
How you would like your name or company name to appear with item for auction:

Donated Item(s): _____ **Retail Value of donation:** _____

Description of item(s): (please be specific).

For retail items include a receipt when possible.

- **For handmade or unique items, a picture should be included if possible for tax receipt purposes.**



PLENARY SESSION DESCRIPTIONS

Opening Keynote: *Improving Maternal and Neonatal Outcomes in NYS*

Through this opening session, Ms. Shaw will set the tone for the conference by providing a review of NYS's priorities for perinatal health. Her presentation will include an update on the state's maternal mortality reduction strategies, the current status of the efforts to update the perinatal regionalization system and will also discuss the upcoming Needs Assessment for Title V and MIECHV.

Wendy Shaw, M.S., B.S.N.

Reproductive Justice at the Heart of Maternal Child Health:

In this session, the speaker will discuss the impact of structural racism on maternal child health. Participants will understand the history of reproductive oppression as integral to current reproductive health disparities and see their own work within the context of the Reproductive Health Justice framework, using RHJ as a strategic guide to priority setting.

Lauren Deutsch, JD

The Role of the Community Health Worker in Improving Maternal & Infant Health Outcomes

Participants will learn about creative outreach and engagement strategies utilized by Community Health Workers (CHW), their work with high-risk pregnant, parenting and intra-partum women, as well as the impact of social determinants of health on pregnant women's compliance with care. This is a panel featuring 3 CHWs who will share the challenges and needs of women from urban, suburban and rural communities and strategies for engaging them in care.

LuAnne Brown, RN, MSN

Protecting Maternity Care in an Era of Health Consolidation:

The impact of health industry consolidation on access to maternity care will be discussed during this session, as well as the government oversight processes that could be utilized to protect access to maternity care. The session will outline current policy proposals to give women and families a greater voice in oversight of health industry consolidation in order to protect access. Participants will be provided strategies for action steps to protect maternity care from health industry consolidation.

Lois Uttley, MPP

Amniotic Fluid Embolism: Code Blue to Special Delivery:

Amniotic Fluid Embolism (also referred to as anaphylactoid syndrome of pregnancy) remains one of the most devastating conditions in obstetric practice with an incidence of approximately 1 in 40,000 deliveries and a reported mortality rate ranging from 20% to 60%. It is a leading cause of maternal mortality and morbidity in the United States and abroad. Participants in this session will gain a better understanding of amniotic fluid embolism (AFE) through the lens of the patient, and learn of current research and available resources to support AFE patients, their families, and staff after a severe maternal event.

Miranda Klassen, AFE Foundation

Out with the Old (Finnegan) in with the New (eat, sleep, console)

The speakers for this session will provide a review of Crouse Hospital's experience with transitioning care protocols for infants born with NAS from medicating to implementing the "eat, sleep, console" care plan. They will discuss how to score with ESC and compare with the modified Finnegan scoring, as well as the benefits of working with the mom/baby and the success they have experienced.

Deanna Shon, BSN, RN, & Martiel Stoecker, DNP

Debriefing Skills for Leaders- Coming together

Debriefing, also known as after-action review, provides an opportunity for individuals experiencing an event to reflect, make sense of what happened, and uncover lessons learned. Use of debriefing in health care can help improve patient care and outcomes. Through this workshop, participants will learn more about the roles and goals of debriefing, identify best practices for implementing, and its value for improving patient safety.

Chris Arnold, MS, RNC, CHSE, & Bonnie Walden, MS, CNL, RN-BC

CONCURRENT (WORKSHOP) SESSIONS

Postpartum Maternal Self-care

During this session, participants will apply Self-care Nursing Deficit Theory to maternal postpartum care and compare and contrast rural versus urban maternal challenges in the postpartum period. Furthermore, the speaker will describe factors affecting maternal education during the postpartum period following a cesarean section delivery.

Shannon McCarthy-Leone, Ed.D. RN

Addressing Maternal Mortality and Racial Disparities

This presentation will review the maternal mortality in New York State and efforts to address the crisis including policies and programming implemented. We will also discuss the translation of policy to practice and examine this process as one New York City Hospital in a high-risk area is making strides in the service community to address the issues.

Sascha James-Contarelli, DNP, CNM, FACNM & Helena Grant, RN, BSN, CNM, LM, CICP

A Practitioner's Guide to Helping Patients through Ambivalence in Pregnancy:

This presentation, which will include case presentation and group participation, will utilize a client-centered approach to understanding ambivalence around pregnancy. Best practices will be shared on providing non-judgmental, transparent information and referrals to empower each patient to make her own decisions. Special attention will be provided on assessing our own personal bias (informed by values, culture, religion, age, etc.) and guidelines on maintaining professional boundaries when giving support and guidance to ambivalent patients

Lucy Shaw, LMSW & Leslie Noble, LMSW

Prenatal and Perinatal Psychology; A New Paradigm for Working with Mothers and Babies

This session will look at research on prenatal and perinatal psychology, epigenetics, polyvagal theory, ACES, and family violence. It will also outline the need for Trauma-Informed Care (TIC) when working with women, babies, and families around pregnancy, birth, and early mothering/parenting. Attendees will leave with a clear understanding of the role of prenatal and perinatal psychology on the short- and long-term health and well being of babies, mothers, and families and how they can create a more peaceful world.

Sally Dear-Healey, Ph.D, PPNE, TICP, CBE, Doula

Reproductive Health Justice: Well Babies Start with Equity:

Reproductive Health Justice describes an affirmative social reality of economic opportunity, educational attainment, and meaningful health choices for women and girls. This lecture will explore ways in which social equity drives infant health outcomes, and the role of community directed maternal child health in creating the holistic cultural change needed to end birth disparities.

Lauren Deutsch, JD, ESQ, Executive Dir. Healthy Baby Network

Cell-free DNA Testing and Newborn Screening- What We're Doing Now and Future Directions

New directions in newborn screening and cell-free DNA technology are emerging. This presentation will allow participants to understand the advantages and disadvantages of cell-free DNA technology and newborn screening for genetic diseases.

Diana Bailey

Understanding New York's Reproductive Health Act (RHA):

In this session, the speaker will outline the history of NYS abortion law and how it fell short for patient care, as well as what the RHA is and what it does for New Yorkers.

Erika Christensen & Katharine Bodde

Registration Form: Use this form for faxed or mailed registrations.
For online registration, go to: www.nysperinatal.org.

Name (incl. title & credentials): _____

Email: _____ Phone: _____

Employer: _____

Address: _____

Conference Fees	NYSPA Mem- bers	Non- Members	One Day Only	
			Thursday	Friday
Regular 4/01/19 – 6/06/19	\$300	\$350	\$225	\$125
Late Registration & Walk-in	\$350	\$400	\$250	\$150

DISCOUNTS (cannot be combined)

Save \$25 on NEW NYSPA membership

Students: Save \$100 off full conference

Group Discount (single organization) Take 15% discount for 3 attendees, Take 20% discount for groups of 5 or more (must register through NYSPA Office)

Not a member of NYSPA? Join now to take advantage of Member rates! (complete application on back and return with registration).

Registration fee	
Membership:	
Total:	

Questions or to make credit card payment:

Call 877-268-5072 x 135

Mail registration & payment to:

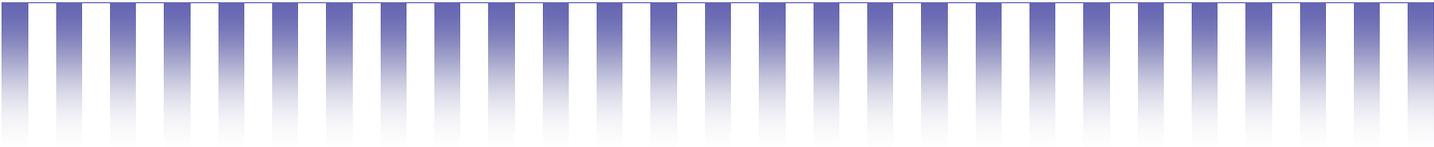
NYSPA, 457 State Street, Binghamton, NY 13901

Hotel Accommodations

*You can secure overnight reservations by calling the
Desmond at 518-869-8100 (24-hours a day).
 To secure the discount rate, please call **518.869.8100**
 and book under NYSPA, using code **PPC**
 before **5/22/19**.*

**Conference rate:
 \$139.00 for single/double room**





INDIVIDUAL MEMBERSHIP APPLICATION

Benefits of belonging to NYSPA include:

- Be a part of a multi-disciplinary network of individuals striving to improve perinatal health in NYS
- Share your knowledge and personal experience to influence change
- Receive advocacy alerts on key legislative issues related to perinatal health
- Advance your personal and professional expertise through educational opportunities and networking
- Discounted registration rate for the NYSPA annual conference (the premier perinatal health education conference in NYS) (opportunity to receive continuing education credits for part or all of conference)
- Access to health information and resources through www.nysperinatal.org

Complete the following information and return to the NYSPA Office.

NAME (print): _____

Email (print): _____ Phone: _____

Profession: ___ MD/DO ___ Midwife ___ Nurse ___ PA ___ NP ___ Social Worker ___ Genetic Counselor
___ Educator ___ Administrator ___ Student Other: _____

Institution/ Organization: _____

Mailing Address: _____

City _____ State _____ Zip _____

ANNUAL MEMBERSHIP DUES: \$50 * CONFERENCE SPECIAL*****

*****NEW members attending conference can join for just \$25! If paid with conference registration*****

MAKE CHECK PAYABLE TO:

New York State Perinatal Association
Mail to: 457 State Street, Binghamton, NY 13901

Questions? Or credit card payment:
Contact: 607-772-0517 X 135 or 877-268-5072

